FEBRUARY 20

CLUB REGISTRATION FORM DUE TO LIJSL (TEAM COUNTS BY GENDER/AGE) WITH CLUB FIELD AVAILABILITY

MARCH 13

LIJSL RELEASES "SOFT" (INITIAL) SCHEDULE TO COORDINATORS

MARCH 20

LIJSL RELEASES FINAL SCHEDULE

AGE GROUPS

U9/U10 (2017-16)

U11/U12 (2015-14)

U13+ (2013-11)

FORMATS

U13+ PLAY 11v11 U11/12 PLAY 9v9 U10/9 PLAY 7v7

FOLLOW U.S. SOCCER BEST PRACTICES FOR AGE APPROPRIATE RULES & FIELD/GOAL SPECIFICATIONS

MAIN DAY OF PLAY
SUNDAY

HOME & AWAY TEAMS MAY COORDINATE TO PLAY MATCH ON ALTERNATE DAY OF WEEKEND IF MUTUALLY AGREED

ONLY CLUB
COORDINATORS MAY
AGREE, APPROVE GAME
CHANGES

LONG ISLAND JUNIOR

INTERLEAGUE NASSAU

SPRING 2026
GAMES CALENDAR & SCHEDULE

MARCH 29

INTERLEAGUE WEEK 1

MAY 17

INTERLEAGUE WEEK 6

APRIL 5

NO GAMES

EASTER/PASSOVER

MAY 24

NO GAMES

MEMORIAL

DAY WEEKEND

APRIL 12

INTERLEAGUE WEEK 2

MAY 31

INTERLEAGUE WEEK 7

APRIL 19

INTERLEAGUE WEEK 3

JUNE 7

INTERLEAGUE WEEK 8

APRIL 26

INTERLEAGUE WEEK 4

JUNE 14

MAKEUP WEEKEND

MAY 3

INTERLEAGUE WEEK 5

ALL GAMES MUST BE PLAYED BY JUNE 21

MAY 10

NO GAMES

MOTHER'S DAY

