



LONG ISLAND JUNIOR SOCCER LEAGUE

Sunrise & Sunset – Fall 2025

Age	Year	Time To Allow	Halves	Field Size
U-9	2017	1 hr 10 min	2x25	Development
U-10	2016	1 hr 10 min	2x25	Development
U-11	2015	1 hr 20 min	2x30	Small
U-12	2014	1 hr 20 min	2x30	Small
U-13	2013	1 hr 30 min	2x35	Large
U-14	2012	1 hr 30 min	2x35	Large
U-15	2011	1 hr 40 min	2x40	Large
U-16	2010	1 hr 40 min	2x40	Large
U-17	2009	1 hr 50 min	2x45	Large
U-18-19	2008-2007	1 hr 50 min	2x45	Large

If scheduling games back to back only use the times above for the length of the game.

**DO NOT LEAVE EXTRA TIME
BETWEEN GAMES.**

i.e. If the first game is a BU10 9:00 AM then the next game GU11 you schedule to start at 10:10, not 10:15 or 10:20

SEPTEMBER	
*DAYLIGHT SAVINGS TIME ENDS NOVEMBER 2ND	
6	7
Sunrise: 6:40 AM	Sunrise: 6:41 AM
Sunset: 7:28 PM	Sunset: 7:27 PM
13	14
Sunrise: 6:46 AM	Sunrise: 6:51 AM
Sunset: 7:17 PM	Sunset: 7:15 PM
OCTOBER	
20	21
Sunrise: 6:52 AM	Sunrise: 6:53 AM
Sunset: 7:06 PM	Sunset: 7:04 PM
27	28
Sunrise: 6:59 AM	Sunrise: 7:00 AM
Sunset: 6:54 PM	Sunset: 6:53 PM
4	5
Sunrise: 7:05 AM	Sunrise: 7:06 AM
Sunset: 6:43 PM	Sunset: 6:42 PM
11	12
Sunrise: 7:12 AM	Sunrise: 7:13 AM
Sunset: 6:32 PM	Sunset: 6:31 PM
18	19
Sunrise: 7:19 AM	Sunrise: 7:20 AM
Sunset: 6:22 PM	Sunset: 6:21 PM
25	26
Sunrise: 7:27 AM	Sunrise: 7:28 AM
Sunset: 6:13 PM	Sunset: 6:12 PM
1	2 *
Sunrise: 7:34 AM	Sunrise: 6:36 AM
Sunset: 6:04 PM	Sunset: 5:03 PM
NOVEMBER	
8	9
Sunrise: 6:42 AM	Sunrise: 6:43 AM
Sunset: 4:57 PM	Sunset: 4:56 PM
15	16
Sunrise: 6:50 AM	Sunrise: 6:51 AM
Sunset: 4:51 PM	Sunset: 4:50 PM
22	23
Sunrise: 6:58 AM	Sunrise: 6:59 AM
Sunset: 4:47 PM	Sunset: 4:46 PM
23 – ALL GAMES MUST BE PLAYED	
Sunrise: 6:59 AM	Sunset: 4:46 PM