



LONG ISLAND JUNIOR SOCCER LEAGUE

Fall 2025 Field Chart U9-U19

	Developmental Field		Small-Sided Field		Full-Sided Field
	U9	U10	U11	U12	U13 – U19
	2017	2016	2015	2014	2013-2007
Field Size (Yards)	Length: 55-65 Width: 35-45	Length: 55-65 Width: 35-45	Length: 70-80 Width: 45-55	Length: 70-80 Width: 45-55	Length: 100-130 Width: 50-100
Goal Size (Feet)	Height: 6.5 Width: 18.5 (Not to exceed 7 x 21)	Height: 6.5 Width: 18.5 (Not to exceed 7 x 21)	Height: 7 Width: 21	Height: 7 Width: 21	Height: 8 Width: 24
Ball Size	4	4	4	4	5
Players	7 v 7	7 v 7	9 v 9	9 v 9	11 v 11
Game Time (Minutes)	2 x 25	2 x 25	2 x 30	2 x 30	U-13/14: 2 x 35 U-15/16: 2 x 40 U-17/19: 2 x 45
Offside	Yes	Yes	Yes	Yes	Yes
Build Out Line	Yes	Yes	N/A	N/A	N/A
Punting	No	No	Yes	Yes	Yes
Heading	No	No	No	Yes	Yes
Corner Flags	Yes	Yes	Yes	Yes	Yes
Goal Box (Yards)	4 x 8	4 x 8	5 x 12	5 x 12	6 x 20
Penalty Area (Yards)	12 x 24	12 x 24	14 x 36	14 x 36	18 x 44
Penalty Kick/ Spot (Yards)	10	10	10	10	12
Center Circle (Yards)	8	8	8	8	10
Distance on Restart (Yards)	8	8	8	8	10