



# 2025-2026 Age Groups

| Birth Year | Age  | ELIGIBILITY           |                 | Play  | Minimum to Play | Roster |     | Main Play Day |
|------------|------|-----------------------|-----------------|-------|-----------------|--------|-----|---------------|
|            |      | BORN ON - NOT AFTER   | Ineligible Born |       |                 | Min    | Max |               |
| *2007      | U19* | 1/1/2007 - 12/31/2010 | 2011+ or later  | 11v11 | 7               | 11     | 22  | Sunday        |
| *2008      | U18* | 1/1/2008 - 12/31/2010 | 2011+ or later  | 11v11 | 7               | 11     | 22  | Sunday        |
| 2009       | U17  | 1/1/2009 - 12/31/2011 | 2012+ or later  | 11v11 | 7               | 11     | 22  | Sunday        |
| 2010       | U16  | 1/1/2010 - 12/31/2012 | 2013+ or later  | 11v11 | 7               | 11     | 22  | Sunday        |
| 2011       | U15  | 1/1/2011 - 12/31/2013 | 2014+ or later  | 11v11 | 7               | 11     | 22  | Sunday        |
| 2012       | U14  | 1/1/2012 - 12/31/2014 | 2015+ or later  | 11v11 | 7               | 11     | 22  | Sunday        |
| 2013       | U13  | 1/1/2013 - 12/31/2015 | 2016+ or later  | 11v11 | 7               | 11     | 22  | Saturday      |
| 2014       | U12  | 1/1/2014 - 12/31/2016 | 2017+ or later  | 9v9   | 6               | 9      | 18  | Saturday      |
| 2015       | U11  | 1/1/2015 - 12/31/2017 | 2018+ or later  | 9v9   | 6               | 9      | 18  | Saturday      |
| 2016       | U10  | 1/1/2016 - 12/31/2018 | 2019+ or later  | 7v7   | 5               | 7      | 14  | Saturday      |
| 2017       | U9   | 1/1/2017 - 12/31/2019 | 2020+ or later  | 7v7   | 5               | 7      | 14  | Saturday      |

*\* U18 and U19 will be combined into the U19 age group for LIJSL league and LI Cup play. ENY State Cup will offer a U18 Age Group*

*IF YOU REGISTER AS A 2008 U18 Team, you cannot add U19 (2007) players after registration, if you feel you may want to have U19 players on your team since you will play U19 then register as a 2007 U19 team*