



# LONG ISLAND JUNIOR SOCCER LEAGUE

## Spring 2025 Field Chart U9-U19

|                             | Developmental Field                                  |                                                      | Small-Sided Field             |                               | Full-Sided Field                                      |
|-----------------------------|------------------------------------------------------|------------------------------------------------------|-------------------------------|-------------------------------|-------------------------------------------------------|
|                             | U9                                                   | U10                                                  | U11                           | U12                           | U13 – U19                                             |
|                             | 2016                                                 | 2015                                                 | 2014                          | 2013                          | 2012-2006                                             |
| Field Size (Yards)          | Length: 55-65<br>Width: 35-45                        | Length: 55-65<br>Width: 35-45                        | Length: 70-80<br>Width: 45-55 | Length: 70-80<br>Width: 45-55 | Length: 100-130<br>Width: 50-100                      |
| Goal Size (Feet)            | Height: 6.5<br>Width: 18.5<br>(Not to exceed 7 x 21) | Height: 6.5<br>Width: 18.5<br>(Not to exceed 7 x 21) | Height: 7<br>Width: 21        | Height: 7<br>Width: 21        | Height: 8<br>Width: 24                                |
| Ball Size                   | 4                                                    | 4                                                    | 4                             | 4                             | 5                                                     |
| Players                     | 7 v 7                                                | 7 v 7                                                | 9 v 9                         | 9 v 9                         | 11 v 11                                               |
| Game Time (Minutes)         | 2 x 25                                               | 2 x 25                                               | 2 x 30                        | 2 x 30                        | U-13/14: 2 x 35<br>U-15/16: 2 x 40<br>U-17/19: 2 x 45 |
| Offside                     | Yes                                                  | Yes                                                  | Yes                           | Yes                           | Yes                                                   |
| Build Out Line              | Yes                                                  | Yes                                                  | N/A                           | N/A                           | N/A                                                   |
| Punting                     | No                                                   | No                                                   | Yes                           | Yes                           | Yes                                                   |
| Heading                     | No                                                   | No                                                   | No                            | Yes                           | Yes                                                   |
| Corner Flags                | Yes                                                  | Yes                                                  | Yes                           | Yes                           | Yes                                                   |
| Goal Box (Yards)            | 4 x 8                                                | 4 x 8                                                | 5 x 12                        | 5 x 12                        | 6 x 20                                                |
| Penalty Area (Yards)        | 12 x 24                                              | 12 x 24                                              | 14 x 36                       | 14 x 36                       | 18 x 44                                               |
| Penalty Kick/ Spot (Yards)  | 10                                                   | 10                                                   | 10                            | 10                            | 12                                                    |
| Center Circle (Yards)       | 8                                                    | 8                                                    | 8                             | 8                             | 10                                                    |
| Distance on Restart (Yards) | 8                                                    | 8                                                    | 8                             | 8                             | 10                                                    |